



National Center for
PTSD
POSTTRAUMATIC STRESS DISORDER

Deployment Risk & Resilience Inventory-2 (DRRI-2)

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Deployment Risk & Resilience Inventory-2 (DRRI-2)

This survey contains questions regarding your experiences before, during, and after military deployment. No one has had exactly the same experiences that you have had, so your input is very important. There are no right or wrong answers.

Be sure to answer every statement, and press firmly on the page when circling your responses. If you want to change your response, please place an "X" over your original answer, and then circle the more appropriate response.

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Section A: Predeployment Life Events

The statements below refer to the events you may have experienced AT ANY TIME BEFORE YOUR MOST RECENT DEPLOYMENT. Please mark "Yes" or "No" for each question below.

Before deployment...	Yes, this happened	No, this did not happen
1. ...someone close to me died.	Yes	No
2. ...I went through a divorce or was left by a significant other.	Yes	No
3. ...I was robbed or had my home broken into.	Yes	No
4. ...I saw or heard physical fighting between my parents or caregivers.	Yes	No
5. ...I was physically punished by a parent or primary caregiver.	Yes	No
6. ...I experienced unwanted sexual activity as a result of force, threat of harm, or manipulation during childhood (before age 18).	Yes	No
7. ...I experienced unwanted sexual activity as a result of force, threat of harm, or manipulation during adulthood (age 18 or later).	Yes	No
8. ...I experienced a natural disaster (for example, a hurricane), a fire, or an accident in which I or someone close to me was hurt or had serious property damage.	Yes	No
9. ...someone close to me experienced a serious illness, injury, or mental health problem (for example, cancer, alcohol/drug problem).	Yes	No
10. ...I witnessed someone being seriously assaulted or killed.	Yes	No
11. ...I lost my job or had serious trouble finding a job.	Yes	No
12. ...I was emotionally mistreated (for example, ignored or repeatedly told I was no good).	Yes	No
13. ...I experienced serious financial problems.	Yes	No
14. ...I experienced serious physical or mental health problems.	Yes	No
15. ...I participated in dangerous military duties.	Yes	No
16. ...I was seriously physically injured by another person (for example, hit or beaten up) during childhood (before age 18).	Yes	No
17. ...I was seriously physically injured by another person (for example, hit or beaten up) during adulthood (age 18 or later).	Yes	No
18. ...I experienced stressful legal problems (for example, being sued, suing someone else, or being in a custody battle).	Yes	No

Section B: Childhood Family Experiences

The sentences below refer to your relationship with your family WHEN YOU WERE GROWING UP. Please describe how much you agree or disagree with each statement by marking the response that best fits your choice. If you spent time in more than one family setting, please answer these questions about the family in which you spent the greatest part of your childhood.

During childhood...	Strongly disagree	Somewhat disagree	Neither agree nor disagree	Somewhat agree	Strongly agree
1. ...I got along well with my family members.	1	2	3	4	5
2. ...I felt like I fit in with my family.	1	2	3	4	5
3. ...family members knew what I thought and how I felt about things.	1	2	3	4	5
4. ...I felt like my contributions to my family were appreciated.	1	2	3	4	5
5. ...I shared many common interests and activities with family members.	1	2	3	4	5
6. ...my opinions were valued by other family members.	1	2	3	4	5
7. ...I was affectionate with family members.	1	2	3	4	5
8. ...I played an important role in my family.	1	2	3	4	5
9. ...I spent as much of my free time with family members as possible.	1	2	3	4	5
10. ...family members told me when they were having a problem.	1	2	3	4	5
11. ...I could be myself around family members.	1	2	3	4	5
12. ...my input was sought on important family decisions.	1	2	3	4	5

Section C: Deployment Environment

The next set of statements is about the conditions of day-to-day life DURING YOUR MOST RECENT DEPLOYMENT. Please read each statement and describe what amount of time you were exposed to each condition over the course of the entire time of your most recent deployment. Mark the response that best fits your choice.

During deployment...	Almost none of the time	A few times	Some of the time	Most of the time	Almost all of the time
1. ...the climate was uncomfortable.	1	2	3	4	5
2. ...I had to deal with annoying animals, insects, or plants.	1	2	3	4	5
3. ...the food I had to eat was of very poor quality (for example, bad or old MREs).	1	2	3	4	5
4. ...the conditions I lived in were extremely unsanitary.	1	2	3	4	5
5. ...I didn't have access to bathrooms or showers when I needed them.	1	2	3	4	5
6. ...I wasn't able to get as much privacy as I needed.	1	2	3	4	5
7. ...I was exposed to awful smells.	1	2	3	4	5
8. ...I was subjected to loud noises.	1	2	3	4	5
9. ...my daily activities were restricted because of local religious or ethnic customs.	1	2	3	4	5
10. ...I wasn't able to get rest when I needed it.	1	2	3	4	5
11. ...I wasn't able to contact home when I needed to.	1	2	3	4	5
12. ...I had to hassle with putting on and taking off heavy or annoying gear.	1	2	3	4	5
13. ...I was not allowed to do the things I needed to do to get my job done.	1	2	3	4	5
14. ...I did not have adequate shelter from uncomfortable living conditions (for example, heat, cold, wet, etc.).	1	2	3	4	5

Section D: Combat Experiences

The statements below are about your combat experiences during your most recent deployment. As used in these statements, the term "unit" refers to those you lived and worked with on a daily basis during deployment. Please mark how often you experienced each circumstance.

During deployment...	Never	Once or twice	Several times over entire deployment	A few times each month	A few times each week	Daily or almost daily
1. ...I went on combat patrols or missions.	1	2	3	4	5	6
2. ...I took part in an assault on entrenched or fortified positions that involved naval and/or land forces.	1	2	3	4	5	6
3. ...I personally witnessed someone from my unit or an ally unit being seriously wounded or killed.	1	2	3	4	5	6
4. ...I encountered land or water mines, booby traps, or roadside bombs (for example, IEOs).	1	2	3	4	5	6
5. ...I was exposed to hostile incoming fire.	1	2	3	4	5	6
6. ...I was exposed to "friendly" fire.	1	2	3	4	5	6
7. ... I was in a vehicle (for example, a "humvee", helicopter, or boat) or part of a convoy that was attacked.	1	2	3	4	5	6
8. ...I was part of a land or naval artillery unit that fired on enemy combatants.	1	2	3	4	5	6
9. ...I personally witnessed enemy combatants being seriously wounded or killed.	1	2	3	4	5	6
10. ...I personally witnessed civilians (for example, women and children) being seriously wounded or killed.	1	2	3	4	5	6
11. ...I was injured in a combat-related incident.	1	2	3	4	5	6
12. ...I fired my weapon at enemy combatants.	1	2	3	4	5	6
13. ...I think I wounded or killed someone during combat operations.	1	2	3	4	5	6
14. ...I was involved in locating or disarming explosive devices.	1	2	3	4	5	6
15. ...I was involved in searching or clearing homes, buildings, or other locations.	1	2	3	4	5	6
16. ...I participated in hand-to-hand combat.	1	2	3	4	5	6
17. ...I was involved in searching and/or disarming potential enemy combatants.	1	2	3	4	5	6

Section E: Postbattle Experiences

Next are statements about your exposure to the consequences of warfare during your most recent deployment. Please mark how often you experienced each circumstance.

During deployment...	Never	Once or twice	Several times over entire deployment	A few times each month	A few times each week	Daily or almost daily
1. ...I saw people begging for food.	1	2	3	4	5	6
2. ...I saw refugees who had lost their homes or belongings.	1	2	3	4	5	6
3. ...I observed homes or communities that had been destroyed.	1	2	3	4	5	6
4. ...I took care of injured or dying people.	1	2	3	4	5	6
5. ...I saw civilians after they had been severely wounded or disfigured.	1	2	3	4	5	6
6. ...I saw enemy combatants after they had been severely wounded or disfigured.	1	2	3	4	5	6
7. ...I saw Americans or allies after they had been severely wounded or disfigured.	1	2	3	4	5	6
8. ...I saw the bodies of dead enemy combatants.	1	2	3	4	5	6
9. ...I saw the bodies of dead Americans or allies.	1	2	3	4	5	6
10. ...I saw the bodies of dead civilians.	1	2	3	4	5	6
11. ...I interacted with detainees or prisoners of war.	1	2	3	4	5	6
12. ...I was exposed to the sight, sound, or smell of dead or dying animals.	1	2	3	4	5	6
13. ...I was involved in handling human remains.	1	2	3	4	5	6

Section F: Exposure to Nuclear, Biological, or Chemical Agents

Next are statements about nuclear, biological, and chemical agents (NBCs) that you may have been exposed to when you were preparing for your most recent deployment or during your most recent deployment. Please mark "Yes", "No", or "Not sure" for each question below.

Either in preparation for or during my deployment...	Yes, I was exposed	No, I was not exposed	I'm not sure if I was exposed
1. ...I took preventative pills (for example, to protect against nerve gas).	Yes	No	Not sure
2. ...I received preventative vaccinations by injection (for example, to prevent anthrax or botulism).	Yes	No	Not sure
3. ...I was exposed to nerve gas agents (for example, sarin).	Yes	No	Not sure
4. ...I was exposed to mustard gas or other blistering agents.	Yes	No	Not sure
5. ...I was exposed to government-issued DEET-containing insect repellents.	Yes	No	Not sure
6. ...I was exposed to other pesticides (for example, in flea collars, uniforms, or the environment).	Yes	No	Not sure
7. ...I was exposed to smoke or other air pollution.	Yes	No	Not sure
8. ...I was exposed to diesel or other petrochemical fuel on my skin.	Yes	No	Not sure
9. ...I was exposed to fumes or exhaust from heaters or generators, including heaters in tents.	Yes	No	Not sure
10. ...I was exposed to depleted uranium in munitions.	Yes	No	Not sure
11. ...I was exposed to burning trash or burning feces.	Yes	No	Not sure
12. ...I was exposed to chlorine gas.	Yes	No	Not sure
13. ...I was exposed to nuclear, biological, or chemical weapons.	Yes	No	Not sure

Section G: Deployment Concerns

The statements below are about the amount of danger you felt you were exposed to during your most recent deployment. Please mark how much you agree or disagree with each statement.

During deployment...	Strongly disagree	Somewhat disagree	Neither agree nor disagree	Somewhat agree	Strongly agree
1. ...I was concerned about getting an infectious disease.	1	2	3	4	5
2. ...I was concerned that my health might suffer due to exposure to nuclear, biological, or chemical (NBC) agents.	1	2	3	4	5
3. ...I felt I was in great danger of being wounded (for example, losing a limb).	1	2	3	4	5
4. ...I was concerned that the medicine I was given to protect me from illness would make me sick.	1	2	3	4	5
5. ...I was concerned that I would encounter an explosive device (for example, a roadside bomb, mine, or booby trap).	1	2	3	4	5
6. ...I feared that I would become sick from pesticides (for example, bug spray) or other routinely used chemicals.	1	2	3	4	5
7. ...I was concerned that a rocket or mortar would hit our living quarters.	1	2	3	4	5
8. ...I was concerned that I might be exposed to depleted uranium in munitions.	1	2	3	4	5
9. ...I thought I would never survive.	1	2	3	4	5
10. ...I was concerned that I might be taken hostage.	1	2	3	4	5
11. ...I was concerned that the locals who were supposed to be helping us were actually working against us.	1	2	3	4	5
12. ...I was concerned about being trapped in the crossfire of rival factions.	1	2	3	4	5

Section H: Training and Deployment Preparation

Below are several statements about how well-prepared you were by the military for your most recent deployment. As used in these statements, the term “unit” refers to those you lived and worked with on a daily basis during deployment. Please mark how much you agree or disagree with each statement.

In preparation for deployment...	Strongly disagree	Somewhat disagree	Neither agree nor disagree	Somewhat agree	Strongly agree
1. ...I had all the supplies and equipment needed to get my job done.	1	2	3	4	5
2. ...the training I received made me feel confident in my ability to use my equipment.	1	2	3	4	5
3. ...the training I received prepared me to deal with the region's climate.	1	2	3	4	5
4. ...I was accurately informed about the role my unit was expected to play in the deployment.	1	2	3	4	5
5. ...I had enough gear to protect myself in case of an attack.	1	2	3	4	5
6. ...I received appropriate training for the nature of the deployment I experienced.	1	2	3	4	5
7. ...my military duties and assignments were what I expected.	1	2	3	4	5
8. ...my unit was well-prepared to operate as a team during deployment.	1	2	3	4	5
9. ...the training I received made me feel confident in my ability to perform tasks assigned to me during deployment.	1	2	3	4	5
10. ...the training I received taught me everything I needed to know for deployment.	1	2	3	4	5

Section I: Support from Family/Friends

The next set of statements refers to social support from family or friends at home DURING YOUR MOST RECENT DEPLOYMENT. Please mark how much you agree or disagree with each statement.

During deployment...	Strongly disagree	Somewhat disagree	Neither agree nor disagree	Somewhat agree	Strongly agree
1. ...family members and/or friends at home were sincerely interested in hearing what was going on with me.	1	2	3	4	5
2. ...I had family members or friends at home I could talk to when I had a problem.	1	2	3	4	5
3. ...I could count on my family members or friends at home for good advice.	1	2	3	4	5
4. ...relatives or friends at home could be counted on to look out for the well-being of my family or other dependents (including pets).	1	2	3	4	5
5. ...relatives or friends at home could be counted on to take care of my finances, property, or belongings if needed.	1	2	3	4	5
6. ...I was happy with the amount of communication I received from people at home.	1	2	3	4	5
7. ...I was happy with the amount of support I received from people at home.	1	2	3	4	5
8. ...people at home did things to show they cared about me.	1	2	3	4	5

Section J: Unit Support

The statements below are about your relationships with other military personnel during your most recent deployment. As used in these statements, the term “unit” refers to those you lived and worked with on a daily basis during deployment. Please mark how much you agree or disagree with each statement.

During deployment...	Strongly disagree	Somewhat disagree	Neither agree nor disagree	Somewhat agree	Strongly agree
1. ...my unit was like family to me.	1	2	3	4	5
2. ...people in my unit were trustworthy.	1	2	3	4	5
3. ...my fellow unit members appreciated my efforts.	1	2	3	4	5
4. ...I felt valued by my fellow unit members.	1	2	3	4	5
5. ...members of my unit were interested in my well-being.	1	2	3	4	5
6. ...my fellow unit members were interested in what I thought and how I felt about things.	1	2	3	4	5
7. ...my unit leader(s) were interested in what I thought and how I felt about things.	1	2	3	4	5
8. ...I felt like my efforts really counted to the leaders in my unit.	1	2	3	4	5
9. ...my service was appreciated by the leaders in my unit.	1	2	3	4	5
10. ...I could go to unit leaders for help if I had a problem or concern.	1	2	3	4	5
11. ...the leaders of my unit were interested in my personal welfare.	1	2	3	4	5
12. ...I felt valued by the leaders of my unit.	1	2	3	4	5

Section K-1: Relationships During Deployment

The next set of questions is about your relationships with others (for example, other unit members, other unit leaders, civilians) DURING YOUR MOST RECENT DEPLOYMENT. Please mark how often you experienced each circumstance.

During deployment, the people I worked with...	Never	Once or twice	Several times	Many times
1. ...treated me in an overly critical way.	0	1	2	3
2. ...behaved in way that was uncooperative when working with me.	0	1	2	3
3. ...treated me as if I had to work harder than others to prove myself.	0	1	2	3
4. ...questioned my abilities or commitment to perform my job effectively.	0	1	2	3
5. ...acted as though my mistakes were worse than others'.	0	1	2	3
6. ...tried to make my job more difficult to do.	0	1	2	3
7. ..."put me down" or treated me in a condescending way.	0	1	2	3
8. ...threatened my physical safety.	0	1	2	3

Section K-2: Relationships During Deployment

The next set of questions is about your relationships with others (for example, other unit members, other unit leaders, civilians) DURING YOUR MOST RECENT DEPLOYMENT. Please mark how often you experienced each circumstance.

During deployment, the people I worked with...	Never	Once or twice	Several times	Many times
9. ...made crude and offensive sexual remarks directed at me, either publicly or privately.	0	1	2	3
10. ...spread negative rumors about my sexual activities.	0	1	2	3
11. ...tried to talk me into participating in sexual acts when I didn't want to.	0	1	2	3
12. ...used a position of authority to pressure me into unwanted sexual activity.	0	1	2	3
13. ...offered me a specific reward or special treatment to take part in sexual behavior.	0	1	2	3
14. ...threatened me with some sort of retaliation if I was not sexually cooperative (for example, the threat of negative review or physical violence).	0	1	2	3
15. ...touched me in a sexual way against my will.	0	1	2	3
16. ...physically forced me to have sex.	0	1	2	3

Section L: Life and Family Concerns

The following set of statements refers to concerns you may have had related to your life and family back home while you were on your most recent deployment. These questions do not ask if these events actually occurred, but only how concerned you were that they might happen while you were deployed. Please mark how concerned you were for each item.

During deployment, I was concerned about...	Not applicable	Not at all	A little	Moderately	A great deal
1. ...the effect of the deployment on my relationship with my spouse or significant other.	0	1	2	3	4
2. ...missing out on my children's growth and development.	0	1	2	3	4
3. ...missing important family events at home such as birthdays, weddings, funerals, graduations, etc.	0	1	2	3	4
4. ...the safety and well-being of my spouse or significant other.	0	1	2	3	4
5. ...the safety and well-being of my child(ren).	0	1	2	3	4
6. ...being unable to help my family if there was some kind of crisis or emergency.	0	1	2	3	4
7. ...my inability to directly manage or control family affairs.	0	1	2	3	4
8. ...damaging my career because of the deployment.	0	1	2	3	4
9. ...the care that my child(ren) or other dependents were receiving.	0	1	2	3	4
10. ...being cheated on by my spouse or significant other.	0	1	2	3	4
11. ...my family's ability to cope with the stress of the deployment.	0	1	2	3	4
12. ...my spouse or significant other's ability to manage the household (for example, chores, bills, home repairs, etc.)	0	1	2	3	4
13. ...losing my civilian job because of the deployment.	0	1	2	3	4
14. ...the effect of the deployment on my relationship with my child(ren).	0	1	2	3	4
15. ...my family's financial situation.	0	1	2	3	4

Section M: Family Events

The next set of statements refers to stressful family events that you may have experienced during your most recent deployment. Please mark "Yes" or "No" for each question below.

During deployment...	Yes, this happened	No, this did not happen
1. ...I had problems getting in touch with a family member or other loved one.	Yes	No
2. ...someone close to me experienced a serious illness, injury, or mental health problem (for example, cancer, alcohol/drug problem).	Yes	No
3. ...a family member or other loved one passed away.	Yes	No
4. ...my family had money problems.	Yes	No
5. ...a spouse or significant other cheated on me.	Yes	No
6. ...a spouse or significant other suspected that I had cheated on him/her.	Yes	No
7. ...my relationship with a spouse or significant other ended.	Yes	No
8. ...I had a major conflict with a family member or other loved one.	Yes	No
9. ...a family member or other loved one had serious difficulty adjusting to my absence.	Yes	No
10. ...my home was robbed and/or my belongings were stolen.	Yes	No
11. ...a family member or other person I trusted wasted or mismanaged my money.	Yes	No
12. ...I learned that a loved one was doing things I disapproved of.	Yes	No
13. ...a family member or other loved one participated in dangerous military duties.	Yes	No
14. ...a family member got into trouble at home, at school, or in the community.	Yes	No

Section N: Postdeployment Life Events

You have completed the questions about your deployment. The next set of statements refers to events you may have experienced SINCE RETURNING FROM YOUR MOST RECENT DEPLOYMENT. These questions are similar to the questions you've answered previously about events before your deployment. Please mark "Yes" or "No" for each question.

Since returning...	Yes, this happened	No, this did not happen
1. ...I was robbed or had my home broken into.	Yes	No
2. ...I experienced unwanted sexual activity as a result of force, threat or harm, or manipulation.	Yes	No
3. ...I went through a divorce or have been left by a partner or significant other.	Yes	No
4. ...I had problems getting access to adequate healthcare.	Yes	No
5. ...I experienced a natural disaster (for example, a hurricane), a fire, or an accident in which I or someone close to me was hurt or had serious property damage.	Yes	No
6. ...someone close to me has experienced a serious illness, injury, or mental health problem (for example, cancer, alcohol/drug problem).	Yes	No
7. ...I have witnessed someone being seriously assaulted or killed.	Yes	No
8. ...I lost my job or had serious trouble finding a job.	Yes	No
9. ...I have been emotionally mistreated (for example, ignored or repeatedly told I was no good).	Yes	No
10. ...I have experienced serious financial problems.	Yes	No
11. ...I have experienced serious physical or mental health problems.	Yes	No
12. ...I have experienced stressful legal problems (for example, being sued, suing someone else, or being in a custody battle).	Yes	No
13. ...I have been seriously physically injured by another person (for example, hit or beaten up).	Yes	No
14. ...someone close to me has died.	Yes	No

Section O: Postdeployment Support

The next set of statements refers to social support AFTER YOUR MOST RECENT DEPLOYMENT, as well as current social support. Please mark how much you agree or disagree with each statement.

Since returning...	Strongly disagree	Somewhat disagree	Neither agree nor disagree	Somewhat agree	Strongly agree
1. ...the American people made me feel at home.	1	2	3	4	5
2. ...people made me feel proud to have served my country in the Armed Forces.	1	2	3	4	5
3. ...my family members and/or friends make me feel better when I am down.	1	2	3	4	5
4. ...I can go to family members or friends when I need good advice.	1	2	3	4	5
5. ...my family and friends understand what I have been through in the Armed Forces.	1	2	3	4	5
6. ...there are family and/or friends with whom I can talk about my deployment experiences.	1	2	3	4	5
7. ...my family members or friends would lend me money if I needed it.	1	2	3	4	5
8. ...my family members or friends would help me move my belongings if I needed help.	1	2	3	4	5
9. ...if I were unable to attend to daily chores, there is someone who would help me with these tasks.	1	2	3	4	5
10. ...when I am ill, family members or friends will help out until I am well.	1	2	3	4	5

Section P: Postdeployment Family Experiences

The sentences below refer to family experiences AFTER YOUR MOST RECENT DEPLOYMENT. Please mark how much you agree or disagree with each statement. If you spend time in more than one family setting, please answer these questions about the family in which you spend the greatest amount of time.

Since returning...	Strongly disagree	Somewhat disagree	Neither agree nor disagree	Somewhat agree	Strongly agree
1. ...my input is sought on important family decisions.	1	2	3	4	5
2. ...I feel like I fit in with my family.	1	2	3	4	5
3. ...family members know what I think and how I feel about things.	1	2	3	4	5
4. ...I feel like my contributions to my family are appreciated.	1	2	3	4	5
5. ...I share many common interests and activities with family members.	1	2	3	4	5
6. ...my opinions are valued by other family members.	1	2	3	4	5
7. ...I am affectionate with family members.	1	2	3	4	5
8. ...I play an important role in my family.	1	2	3	4	5
9. ...I spend as much of my free time with family members as possible.	1	2	3	4	5
10. ...family members tell me when they are having a problem.	1	2	3	4	5
11. ...I can be myself around family members.	1	2	3	4	5
12. ...I get along well with my family members.	1	2	3	4	5