

# WHAT ARE YOU NOTICING AS YOU OBSERVE? STRATEGIES WORKSHEET

<b>Distraction</b>	
<b>Partitioning</b>	
<b>Progression</b>	
<b>Suggestion</b>	
<b>Reorientation</b>	
<b>Utilization</b>	

# WHAT ARE YOU NOTICING AS YOU OBSERVE? ASSUMPTION WORKSHEET

<b>That something was actively done</b>	
<b>That client is powerful and competent</b>	
<b>The client can be logical and intentional.</b>	
<b>That skills are possessed by the client.</b>	
<b>That the client is capable of putting situation into prospective</b>	
<b>That the client recognizes that things could be worse than they are</b>	
<b>That the client is able to verbalize</b>	
<b>That the client is capable of thinking about a problem rationally</b>	
<b>That the client is capable of discerning their own motivation and strategies</b>	