

Sensory/Somatic Experience

Physical/Sensory Sensations

Emotional Sensations

Psychological Sensations

Self		Significant Others		The world	
Intensity	Duration	Location	Time	Frequency	

Example combinations

Physical sensation+self+intensity+duration+location+time+frequency

Physical sensation+others+intensity+duration+location+time+frequency

Physical sensation+world+intensity+duration+location+time+frequency

Emotional sensation+self+intensity+duration+location+time+frequency

Emotional sensation+others+intensity+duration+location+time+frequency

Emotional sensation+world+intensity+duration+location+time+frequency

Psychological sensation+self+intensity+duration+location+time+frequency

Psychological sensation+others+intensity+duration+location+time+frequency

Psychological sensation+world+intensity+duration+location+time+frequency