

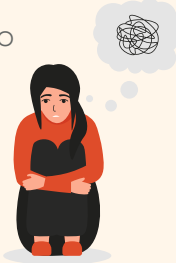
**27 -29 JULY 2022, 0900 - 1630 SGT,
LIVE TRAINING @ HOLIDAY INN EXPRESS ORCHARD ROAD**

CERTIFIED CLINICAL TRAUMA SPECIALIST FOR INDIVIDUALS (CCTS-I) 2022



The Certified Clinical Trauma Specialist – Individual (CCTS-I) presented by Dr. Robert Rhoton, is a 3-day training designed to give the participant a working knowledge of how to engage in the process of trauma treatment. Focusing not only on interventions, but how to sequence the interventions to maximize outcomes. The participant will be eligible for certification with the Trauma Institute International at the end of this training.

This training is designed to improve the quality of treatment for those that have experienced trauma. There will be a focus on the active ingredients – the things that are common factors that help all treatment work become better and work more efficiently.



LEARNING OBJECTIVES

- Compare and contrast evidence-based interventions, common factors, and emerging trends for effective treatment of traumatic stress
- Identify the common factors for healing traumatic stress
- Comprehend the importance of therapeutic relationship and positive expectancy (relational factors) for positive outcomes in treatment
- Articulate the role of reciprocal inhibition, relaxation, self-regulation, exposure, and narrative in the treatment of traumatic stress
- Understand concept and procedure for enhancing therapeutic relationship as method for increasing positive outcomes
- Appreciate the potential deleterious personal effects associated with treating traumatic stress

COURSE SCHEDULE

DAY 1

- History of trauma; learn the Salutogenic approach
- Anatomy of trauma, how hormones and neurochemical action change emotion, thinking and behaviour
- Adaptive and maladaptive strategies for dealing with the biologically correct responses to trauma
- Range of tolerance, hormonal overload, and sympathetic system dominance
- Three types of trauma
- Environmental-individual interactions
- Hierarchy of brain functioning

DAY 2

- Polyvagal system, brain system relevance
- Potential health impacts and adverse biological effects
- Review of the ACEs study and meaning
- Neuroception and procedural memory
- Patterned responses
- Structuring treatment for greater outcomes
- Assessment of trauma
- Models of treatment

DAY 3

- Attributes of trauma therapist
- Trauma and motivation
- Using language in trauma therapy
- Introduction to and hands-on practice of the SAF-NET (Salutogenic Asset Focused Narrative Exposure Therapy) model

RECEIVE:

- Certificate of Attendance from ATI
- Meets educational requirement to apply for CCTS-I certification from Trauma Institute International

FEES:

\$750 SAC MEMBER
\$950 NON-MEMBER

Buffet lunch and refreshments provided

LIMITED SPACES ONLY

