

In association with



Arizona Trauma Institute

Come . Feel . Experience . Express

Presents

# **INTERNATIONAL TRAININGS** On

# MOTIVATING TRAUMATIZED CLIENTS

#### AND

### **10 CORE COMPETENCIES OF TRAUMA**

www.emoticonsindia.com

### About EMOTICONS India

EMOTICONS India is a psychological counselling, testing, training and research centre, run by professional psychologists and psychotherapists.

We believe in providing research-based services, using the standard psychological practices, tailored to every individual's age, unique background and needs.

We are known for our various certificate courses in counselling, therapy, psychometry and research, being conducted across India.

We also construct and conduct a range of psychological assessments and provide our preventive and curative programs to various sectors, like schools, NGO's and corporates.

#### About Arizona Trauma Institute

Arizona Trauma Institute is the leader in Trauma Sensitive Care in Arizona. They offer high quality professional training for trauma, trauma treatment, and help support the healing of those who have undergone trauma.

Their community trainings will help develop an understanding of trauma, recognizing when trauma has occurred and increase effectiveness when helping clients.

The Arizona Trauma Institute also works with organizations to help them incorporate Trauma Sensitivity into their policies, procedures, and in how they interact with their clients, as that is when the organisation will see best results.

#### About the Trainer



Dr. Robert Rhoton

Dr. Robert Rhoton is the CEO of Arizona Trauma Institute and President at the Trauma Institute International. His primary interests are training counselors to work with traumagenic family dynamics, child and family trauma, and non-egoic models of treatment. He also has extensive experience working with truma patients.

### Dr. Rhoton's Recent Publications

- (2021) Trauma Competency for the 21st Century: A Salutogenic "Active ingredients" approach to treatment
- (2020) Trauma-Informed Organizational Certificate Program: The Journey to becoming an ascending organization and leader.
- (2019) Transformative Care: A Trauma-Focused Approach to Caregiving
- July 2017 Journal of Counseling and Development titled; Trauma Competency: An Active Ingredients Approach to Treating Posttraumatic Stress Disorder.

#### **Training 1**

# THE 10 CORE COMPETENCIES OF TRAUMA, PTSD, GRIEF & LOSS

This training provides evidence-based clinical interventions and techniques for the Assessment, Safety & Stabilization, and Remembrance & Mourning phases of trauma treatment. Completion of the same can help you to have a holistic and systemic understanding of traumatic stress and be equipped with skills for immediate use in a variety of counseling settings.

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# **Training Outline**

- A Brief History and Evolution of Traumatic Stress, Grief & Loss
- 10 Core Competencies of Traumatic Stress, Grief & Loss
- Bio-Psycho-Social-Spiritual Factors that Produce Anxiety & Traumatic Stress
- Adaptive and Maladaptive Coping Behaviors
- Review of Effective Treatment Interventions
- The Biochemical, Affective, and Cognitive Impacts of Traumatic Stress

# **Training Outline**

- The Impacts of Traumatic Stress Over Time & Across & Within Developmental Stages
- The Role of Traumatic Stress in Clinical Disorders
- Conceptualizing a Framework of Healing for Survivors of Traumatic
  Stress

# **Training Objectives**

- Determine clearly the nature of traumatic stress, grief, & loss and their sequelae.
- Compare the various theoretical models of traumatic stress, grief & loss.
- Summarize traumatic stress, grief & loss from biochemical, psychological, social & spiritual perspectives.
- Examine the key current interventions employed for the treatment of traumatic stress, grief & loss.
- Demonstrate the importance the importance of self-regulation for treatment and professional resiliency.
- Analyze the pioneering work that informs evidence-based treatments

## MODE OF TRAINING

**Online and Offline** 

# DAY / DATE

### SATURDAY & SUNDAY 9th & 10th July



#### 10:00 am to 6:00 pm IST



Pune, India

### Investments

(Inclusive of access to material, lunch, high tea & certificate)

For Professionals :

INR 22,000/-

For Students:

INR 20,000/-

Discounts Available:

- Group discounts available (15% discount)
- Early Bird discounts available till 18th June 2022 (10% discount)
- Registering for both international trainings together (20% discount on total)

#### **Training 2**

# MOTIVATING TRAUMATIZED CLIENTS

This training is to help mental health professionals to understand how to motivate traumatized clients. It will provide a simple foundation to look at motivation as it is impacted by trauma and suggest alternative ways to engage clients, students, employees in a more efficient process of transformation and growth.

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# **Training Objectives**

- Understand how trauma impacts motivation
- Learn to identify the primary causes of low levels of motivation
- See motivational issues through the lens of trauma
- Develop an alternative lens to view goal setting and goal achievement
- Increase ones compassionate engagement of others in a process of transformation
- Understand how to maximise common interventions
- Learn strategies to build more effective motivational interventions

#### Investments

(Inclusive of access to material, lunch, high tea & certificate)

For Professionals :

INR 12,000/-

For Students:

INR 10,000/-

Discounts Available:

- Group discounts available (15% discount)
- Early Bird discounts available till 18th June 2022 (10% discount)
- Registering for both international trainings together (20% discount on total)

## MODE OF TRAINING

#### **Online and Offline**

DAY / DATE

#### Monday, 11th July



#### 10:00 am to 6:00 pm IST



Pune, India

### HIGHLY RECOMMENDED FOR

Counselors, Students, Therapists, Nurses, Psychologists, Social Workers, HRs, and other Mental Health Professionals

#### CERTIFICATE

Joint Certificate of Participation will be provided by EMOTICONS India in collaboration with Arizona Trauma Institute (ATI)

### **Contact Details**







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